1 January 2022

Morning Meditation 6:00am – 6:30am

A collective meditation will be held around the Samadhi and in the School.

Due to COVID guidelines and space constraints, only a limited number of persons can be accommodated. Accordingly, only Ashramites, SAICE Students, Volunteers, Ex-Students, and Bureau Central Passholders will be permitted.

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Evening Meditation 7:45pm – 8:15pm

A collective meditation will be held in the Playground. Access will be similarly restricted. For details, please see separate notice that will be issued by the Physical Education Department.

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Timings for visiting Samadhi on this day:

7:30am to 11:30am: Open to all
2:00pm to 6:00pm: Open to all
6:00pm to 10:00pm: Only for Ashramites, Passholders etc.

Birthday Group to assemble at: 11:30am

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