

SRI AUROBINDO ASHRAM TRUST

Pondicherry – 605002, India (+91-413-2233628)

29 March 2020

Individual Meditation: 7:45pm – 8:15 pm

The Mother came to Pondicherry on March 29, 1914, and met Sri Aurobindo for the first time.

The next day, the Mother wrote the following in her diary:

It matters little that there are thousands of beings plunged in the densest ignorance, He whom we saw yesterday is on earth; his presence is enough to prove that a day will come when darkness shall be transformed into light, and Thy reign shall be indeed established upon earth.

The Mother (CWM 1:113)

Since the usual collective meditation in the Playground cannot be held this year, an individual meditation is suggested, by yourself, in your room.

For those who would like to play the Mother's organ music online, you may visit the Ashram's website:

<https://www.sriaurobindoashram.org/media/music/>

Another message of the Mother issued in 1952 is especially apt for the current situation:

29.03.1952

Never forget that you are not alone. The Divine is with you helping and guiding you. He is the companion who never fails, the friend whose love comforts and strengthens. Have faith and He will do everything for you.

The Mother (CWM 15:189)
