

# **SRI AUROBINDO ASHRAM TRUST**

Pondicherry – 605002, India (+91-413-2233628)

**14.03.2021**

## **Update**

### **Guest Houses**

- 1) Ashram Guest Houses have reopened to welcome visitors. Various protocols are in place for the safety of guests. Guests are also required to follow certain guidelines. To know more and apply for a booking, please go to: <http://guesthouses.sriaurobindoashram.org/> (for Park Guest House only) or contact Bureau Central (+91-413-2233604).

### **Dining Room**

- 2) The Dining Room will open to visitors from Monday 15<sup>th</sup> March onwards. To start with, due to Covid-19 restrictions still in place, only a limited number of visitors will be allowed. Visitors are requested to follow all the protocols in place.

### **Meditations**

- 3) Meditations around the Samadhi are held on Mondays, Tuesdays, Wednesdays and Fridays from 7:30pm to 7:50pm. Entry starts around 7:00pm. Due to Covid-19 restrictions, only a limited number of persons are allowed inside on a first-come basis.
- 4) Playground meditations have also started on Sundays and Thursdays from 7:45pm to 8:15pm.

### **School for Perfect Eyesight**

- 5) The School for Perfect Eyesight will reopen on Thursday 1<sup>st</sup> April 2021. Bookings can be made on: <https://eyecare.sriaurobindoashram.org/>



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### **Current Ashram Timings**

- 6) The Ashram Main Building is open to the general public from 8:30am to 11:00am and from 4:00pm to 7:00pm.
- 7) Ashramites and Passholders may additionally enter from 6:00am to 8:00am and from 7:00pm to 9:00pm.
- 8) 'Birthday group' should continue to assemble at the Ashram gate at 11:00am.

### **Guest Passes**

- 9) Visitors from outside who would like to experience the Ashram life in a more participative manner (attend Samadhi & Playground meditations, go to the Ashram during non-public hours, use the Ashram Library, eat in the Dining Room, visit PED grounds etc.) may go to the Bureau Central and get the universal Guest Pass.

### **Medical Situation**

- 10) Though the number of Covid-19 cases has fallen drastically in Pondicherry over the last few months, it should be noted that large parts of India are experiencing a rise in cases once again.
- 11) As various departments of the Ashram have now opened up, including SAICE and the PED Grounds, it is reiterated that each person must take responsibility to follow these simple medical protocols: wear a mask to cover the nose and mouth in public places, maintain physical distancing, wash hands with soap frequently, limit the duration of contact with others, and ensure proper ventilation / airflow of spaces.



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- 12) Department in-charges should ensure that all the medical protocols that have been discussed in the training sessions are being strictly implemented in their Departments.
- 13) Currently, there is no quarantine policy for persons returning or coming to Pondicherry from outside. However, all those in SAICE (including students) and those working in Dining Room, Corner House, and Bakery are not permitted to come to work / classes for 14 days if they go out of Pondicherry for longer than a day-return trip. For any queries in this regard, please contact *Bhrata*: 94888-18744.
- 14) Vaccination against Covid-19 is being provided free of cost by the Government. Ashramites who would like to get the vaccine may contact the Ashram Dispensary for assistance, or go directly to any of the Government Hospitals giving the vaccine.

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**Bureau Central Number & Email**  
***(Information centre for visitors & guests)***

+91-413-2233604  
*bureaucentral@sriaurobindoashram.org*

**Ashram Helpline Numbers**  
***(only for Ashramites, Volunteers, etc.)***

95972-92595    95971-92595



**MANOJ DAS GUPTA**  
*Managing Trustee*  
**SRI AUROBINDO ASHRAM TRUST**  
**PONDICHERRY**